



ELLON ACADEMY WEEKLY INFORMATION FOR PARENTS/CARERS

Date: Friday 15th September 2023

Dear parents/carers,

Assemblies w/b 11/9/23: At assemblies this week Mrs Wilson DHT and Mr Armstrong PT Digital Learning delivered a presentation to all learners about Internet Safety and their Digital Footprint. Sophie G (2M1) and Scott M (2F1) 2 of our Digital Champions also took part in the delivery this week demonstrating wonderful leadership and citizenship. Thanks to all involved. See pages 3, 4 and 5 for further information.

Uniform: As you will be aware we relaxed our school uniform for learners and staff comfort during the spell of unseasonably warm weather. We have returned to full uniform this week and as expected the wonderful start made by most learners has slipped a little. Here is our poster demonstrating our expectations:

✓ <u>ACCEPTABLE...</u>	"Dress Your Personal Best"	<u>UNACCEPTABLE... X</u>
<ul style="list-style-type: none">Plain black skirt or trousers/black jeans, jeans-style trousers, black leggings, or jeggingsEllon Academy school tie worn with a plain white collared/button down shirtA plain black jumper/cardigan or a plain black 'Ellon Academy' jumper <p>Footwear</p> <ul style="list-style-type: none">Black Shoes or trainers (black trainers with colour accents are acceptable) <p>Optional</p> <ul style="list-style-type: none">A plain black or 'Ellon Academy' fleece/jumperA black blazer (optional)		<ul style="list-style-type: none">Clothes with patterns or other coloursJoggers/tracksuit bottoms/faded black jeansAdvertising brands/logos on jumpers/cardigansT-shirts or round neck tops instead of a collared shirtSportswear (except for in PE classes and pupils must change back into school dress after PE)Wearing outdoor jackets, fleeces, hoodies or coats in class or registrationHats off and hoods down in school
<p>A change of clothing and footwear for PE is essential.</p> <p><i>We would recommend that you wear outer jackets in school dress code colours, black, blue or burgundy.</i></p>		

Also, clarification on the issue of logos on black school jumpers, cardigans, and hoodies:

- EASA hoodies are acceptable for learners to wear in class. These have school logos on the front, the EASA group the learner represents and learners' first names on the back.
- If learners do not have an EASA hoodie, they are expected to wear plain black jumpers/cardigans or hoodies. Some learners have jumpers etc with the official school logo on them and that's always what we strive for. However,
 - The rule of thumb is that the 'alternative' logo should not be any bigger than the school one and tops that have very large logos/letters/phrases printed across the front/black/sleeves are not acceptable.

For example:

Acceptable



Not acceptable



We hope you enjoy our up-dates and reading about our pupil successes in this week's newsletter.

If your child/children have successes you'd like to share with us, please send us an email via the school email address marked FAO Mrs P Buchan, Rector.

Any photos you can share with us are always welcome too.

ellon.aca@aberdeenshire.gov.uk

Quote of the Week beginning Monday 18.9.23:



Ellon Academy Parent Council:

The EAPC are always hopeful that new members will join their ranks in learning about, supporting and participating in all things Ellon Academy. They are a small but very welcoming group of interested and dedicated parents/carers who want to be involved in their child's/children's school.

There is one meeting per term and these are on-line during the winter months, so if you can spare this time, please contact the Chairperson, Mrs Angela Stott –

angela.stott@hotmail.co.uk and she would be delighted to hear from you.

Thank you!



Assemblies - week beginning Mon 18/9/23 will be delivered by Mr G Cowie, DHT:

- Monday 18th September – S4
- Tuesday 19th September – S5
- Wednesday 20th September – S1
- Thursday 21st September – S2
- Friday 22nd September – S3
- S6 will be during Team PSE on Wed 20.9.23.

Weekly Merits

Most Merits/Over and Above:

Last week the total number of pupils who received a message home from the school regarding their 'Over and Above' merits was 201, 50+ more than last week! The total number of learners recognised and achieving at least one merit was 749. Again, that's over 70% of all learners in school! Well done everyone!



First Name	Surname	Class	Merits
Oleksandr	H	1C2	11
Elya	W	1C2	11
Kodi	M	1F1	12
Lexi	C	2C2	7
Scott	M	2F1	7
Charlotte	W	2F1	7
Luke	M	2K1	7
Sophie	G	2M1	7
David	K	2S1	7
Emma	K	3C1	11
Rachael	R	3K1	11
Milo	B	3M1	9
Robert	I	3S2	9
Ava	B	4C1	6
Jack	C	4F1	10
Rosemary	O	4F1	6
Kyle	M	4K2	9
Liam	B	4K2	6
Harris	C	4S2	6
Kayleigh	F	5F1	5
Ailsa	G	5F1	5
Ryan	L	5K1	5

Child Protection Briefing for Parents/Carers– Aug/Sept 2023 – Online Safety

During the year we as a school deal with many issues with our learners inside and outside the classroom. Over the weeks leading up to summer and on our return, we have been dealing with more incidences relating to online safety than we have before. To this end we'd like to give information and promote online safety for you and your family.

There are two specific areas that repeatedly come up we'd like to share with parents and try to give some advice around.

Sharing of inappropriate photos. This happens much more often than you think. Last session we had over 30 incidences where inappropriate photos and videos were shared by children and young people, and then shared amongst groups. Most of these photos were originally shared willingly by a young person.

On-line exploitation. This doesn't only happen to adults with banking or delivery e-mails! Many young people are lured into a conversation/relationship by someone posing as a friend. This chat quickly moves onto sharing explicit photos and this has led on several occasions last session where young people have then been extorted for money – with the threat of these willingly given photos by young people.

These incidences are those we know about, as sensible young people tell their folks at home and sensible parents contact the police. There are possibly many more out there that haven't been reported.

Where does this happen most?

WhatsApp : This app is great tool for contacting people, however there is a dangerous side for some of our learners who are not mature enough or ready to be part of a WhatsApp group. Photo's shared can be sent to hundreds of people in short space of time.

Snapchat : This app is again great for contacting and keeping an eye on where your child is but anyone can try to add your child and can begin chatting with them, find out information and share information about them.

What can you do?

Monitor your young person's online use. If they are constantly on their phone as to see or hear about what their chats involve. . If a young person is very defensive about letting you see their phone, it might be a sign something untoward is going on. Make sure they know everyone in their chat group, also make sure they understand they can remove themselves from any group at any time. Watch out for unusual messages from friends – they may have been hacked or their identity stolen. Keep talking to your young person about their friendships and keep the lines of communication open so you can support them through anything that might be going on. Remind them that their online footprint is there for life. If a young person is very defensive about letting you see their phone, it might be a sign something untoward is going on.

A general rule I share with the pupils is "If you don't want Mrs Wilson to SEE it or READ it – don't post it on-line!"

Useful websites:

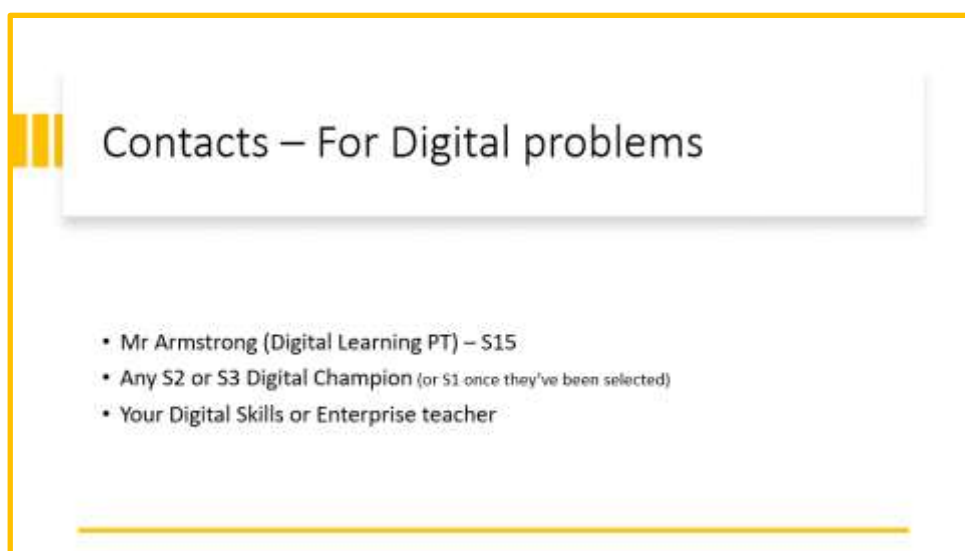
[CEOP Safety Centre](#)

[Staying safe online | Childline](#)



Assemblies w/b 11.9.23 – Online Safety and Digital Footprint:

To compliment the information about for parents/carers, here are the slides discussed with all learners at our assemblies this week:



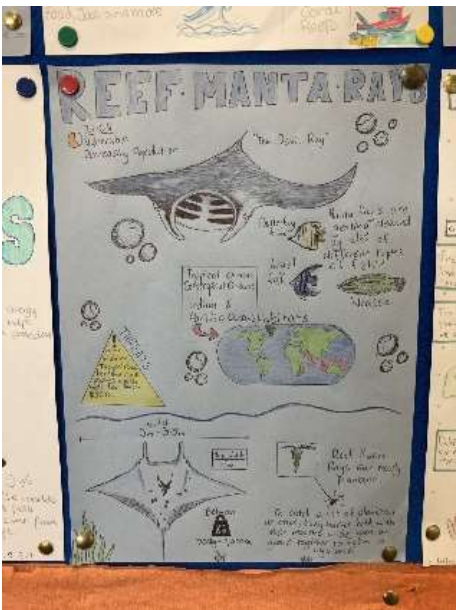
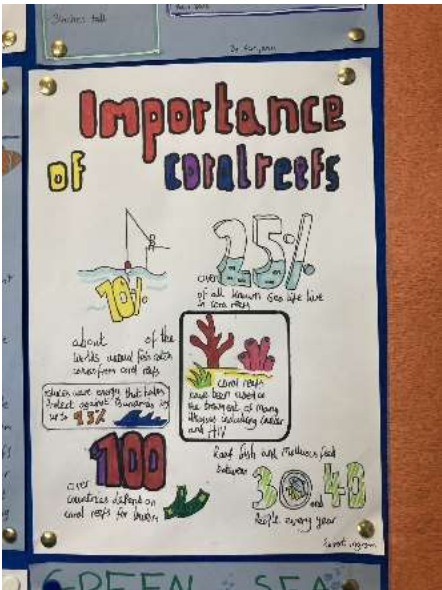
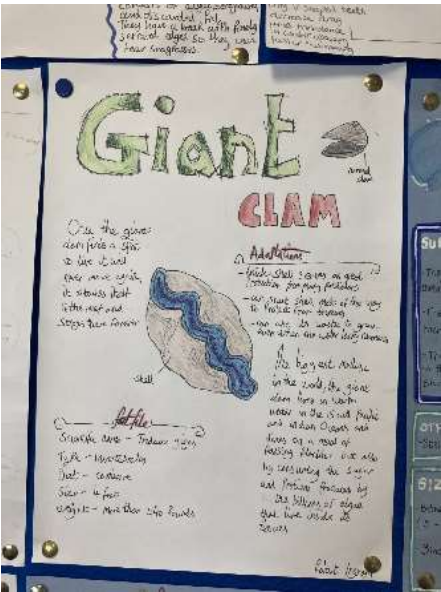
Learning in the Humanities Faculty week beginning 11/9/23:

This week we are showcasing the work of our Humanities Faculty:

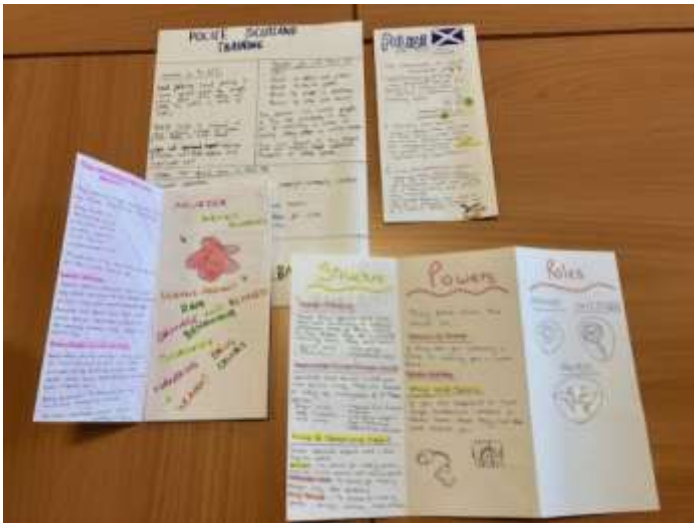
Creative Humanities - S1 Praise Postcard Competition – well done to the pupils who designed this years 'Over and Above' certificates:



S3 Geography – Environments at Threat posters:

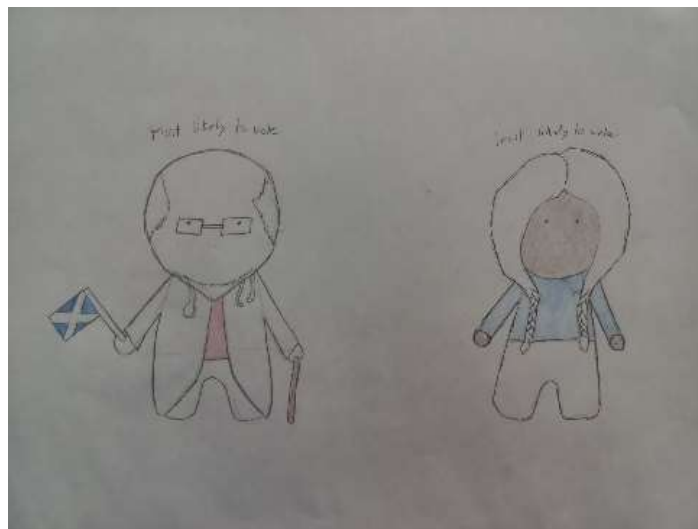
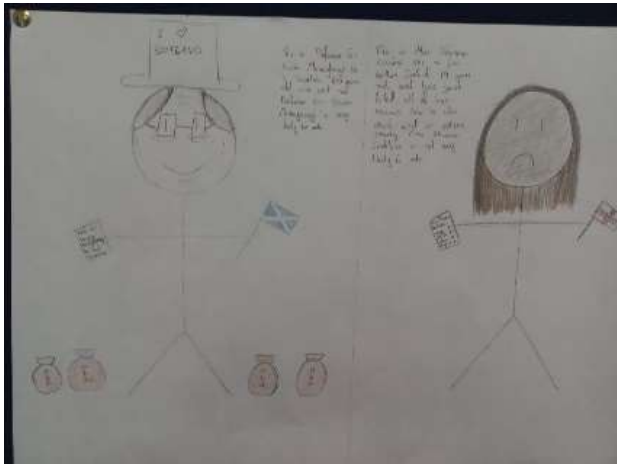


National Modern Studies – Police Training Information Leaflets:

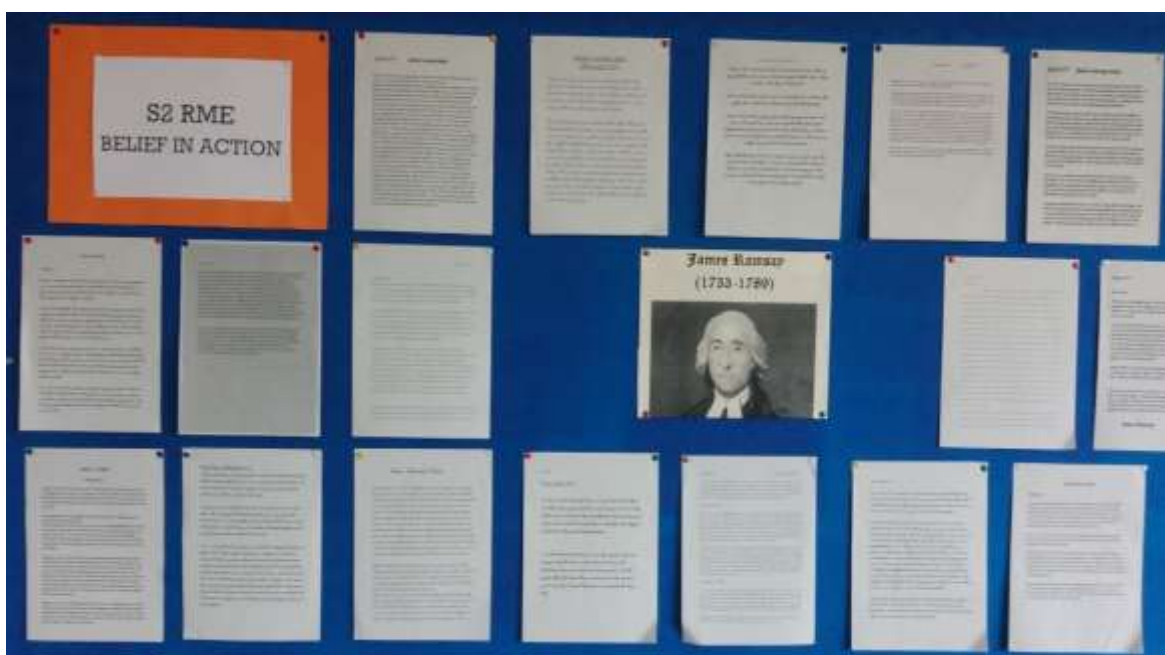


Voting Behaviour Caricatures:
Pupils drew conclusions from recent electoral data about turnout of different groups and then combined the information to create caricatures of a typical voter and non-voter.

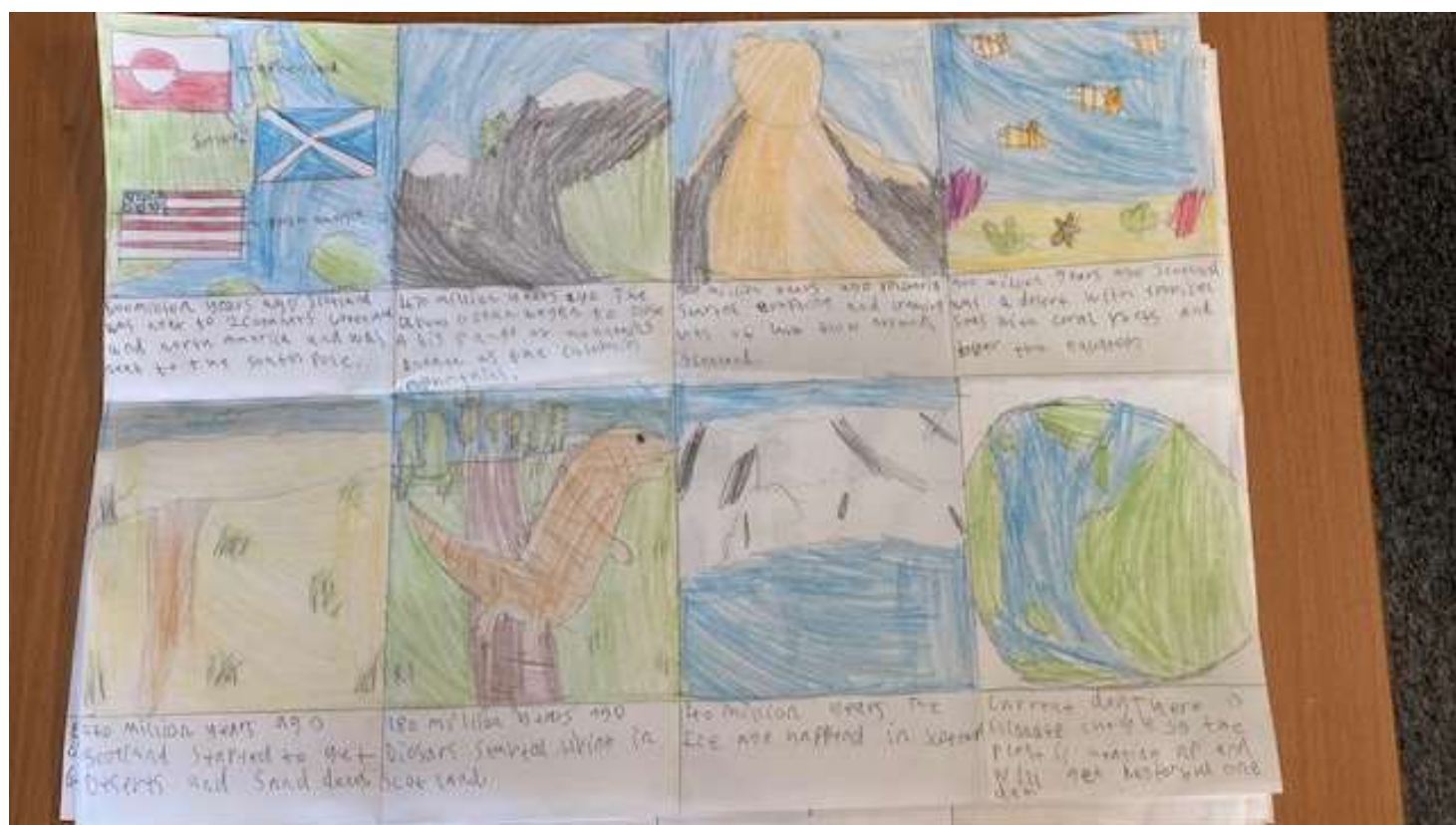




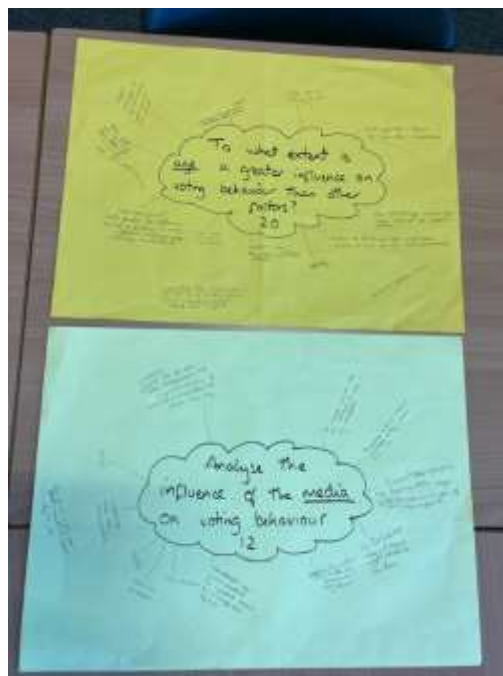
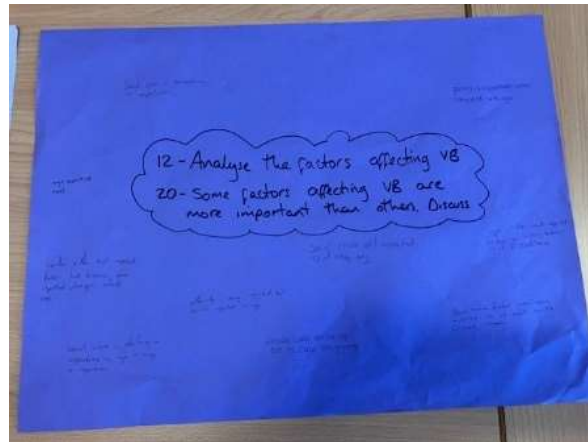
S2 RME – James Ramsay diary entry:



S3 Geography – Scotland's Journey Storyboards:



Chalk Talk:

[illegible]

Higher A Modern Studies
23-24 J Kelly

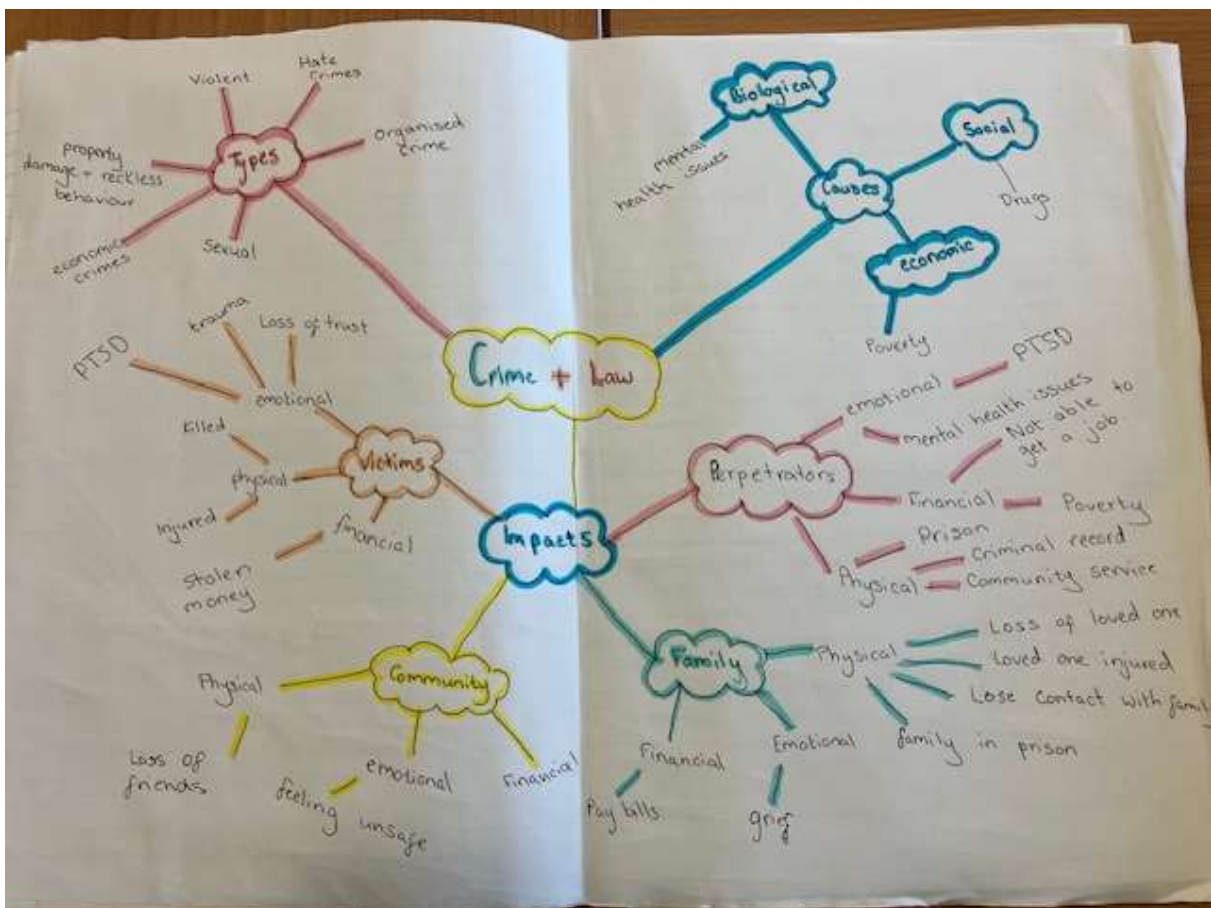
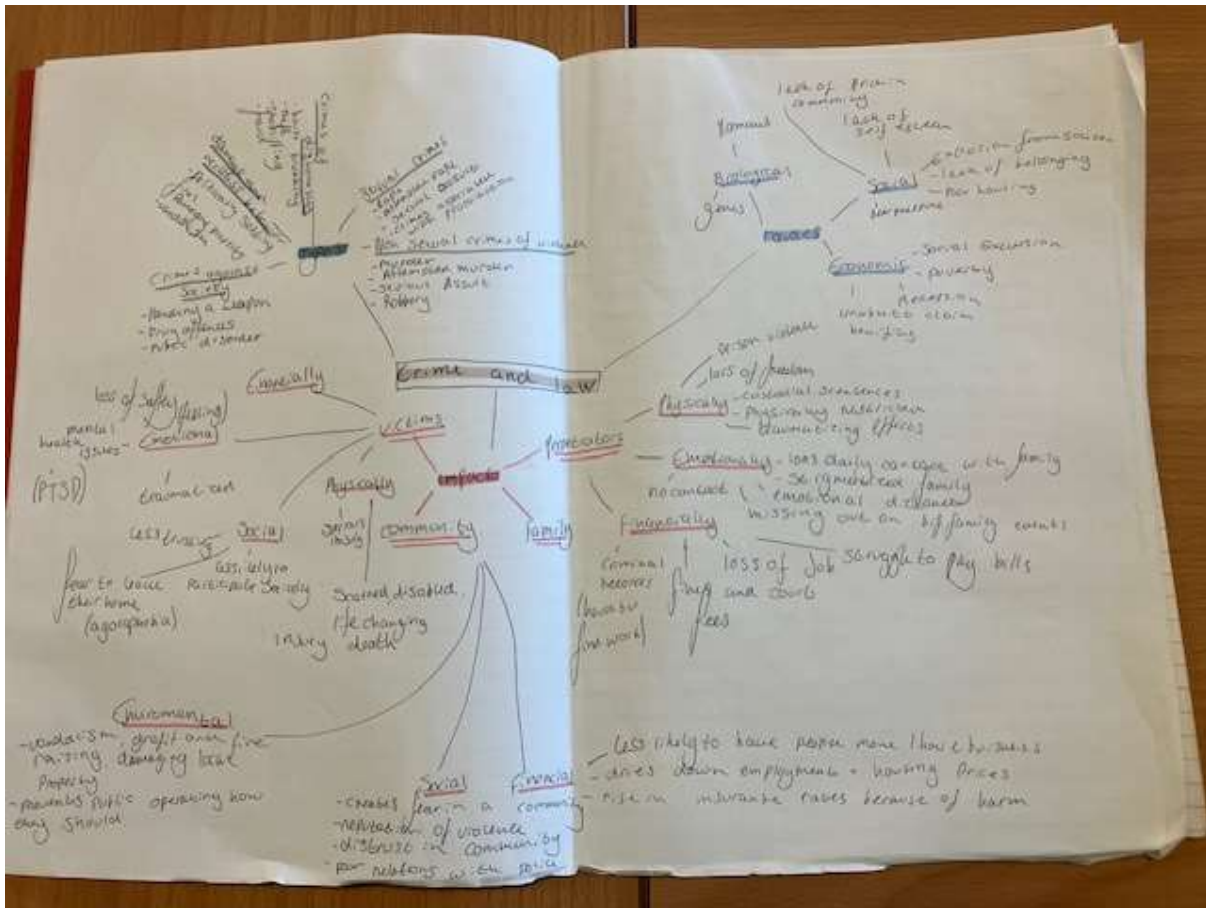
Instructions Student work

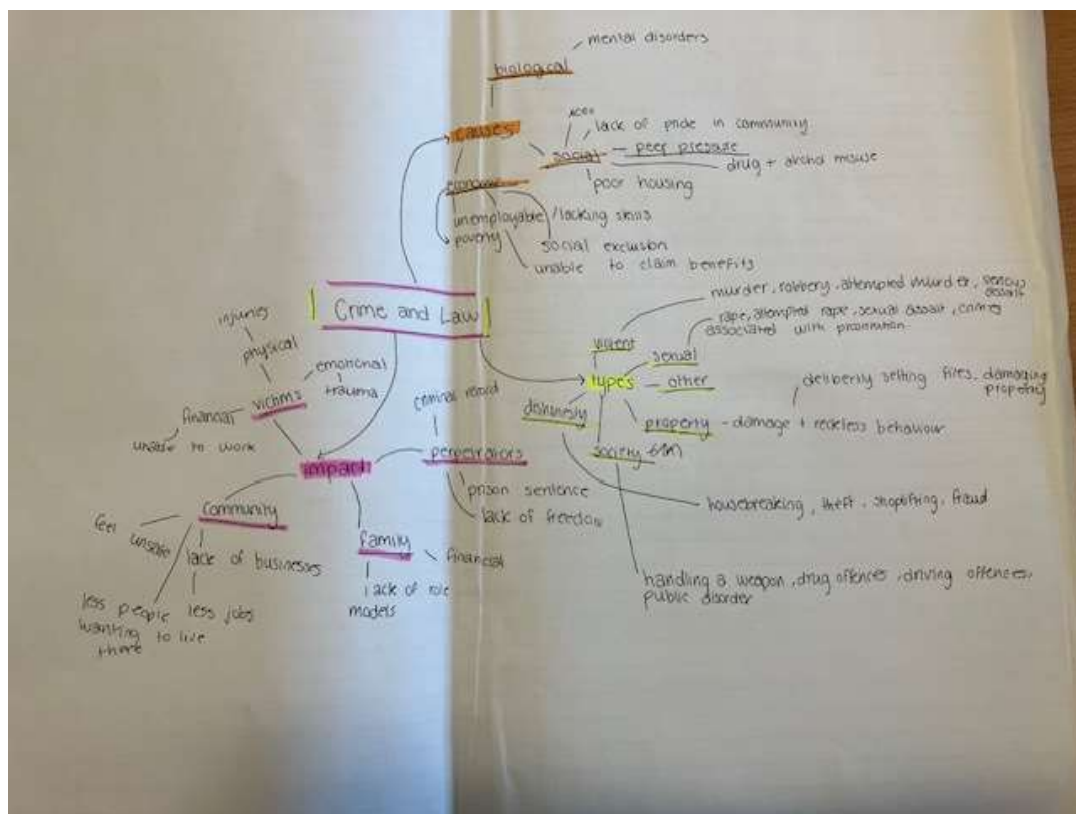
Voting behaviour essay plans

L. Kelly • 7 Sept Due Today

	Paige - To what extent is soc... Google Docs		Erin - Media is the most imp... Google Docs
	Innes - To what extent is age... Google Docs		Harrison - Analyse the influe... Google Docs
	Rebecca - Evaluate the view... Google Docs		Yasmin - Evaluate the influe... Google Docs

Concept Maps:










Headlines:

S3 pupils used the BBC news website to summarise current stories and then create 'Headlines' which show bias and exaggeration.



The Micro Lab Protocol

Reflect individually on the issue or topic being examined, then working in triads:

- The 1st person in the group shares for a set time (1-2 minutes). The other members listen attentively without comment or interruption.
- Pause for 20 - 30 seconds of silence to take in what was said.
- Repeat for persons 2 and 3, pausing for a moment of silence after each round.
- Discuss as a group (5-10 minutes), referencing the comments that have been made and making connections between the responses of the group.

This routine is designed to ensure equal participation and make sure everyone contributes during class discussion. It also helps to build active listening skills and the ability to build on and connect to others' ideas.

Synthesising & Organising Ideas

Task:

Read the information about other methods of scrutiny in the UK Parliament:

1. PMQs
2. House of Lords
3. Committees

Working in threes, **individually** read the articles provided and take notes on:

What it is/how it works, Examples of use, advantages and disadvantages

Task:

Each group member has 3 minutes to explain their notes on the reading to the other group members.

Other group members should listen and can take notes but **not** interrupt. Repeat for all members.

Finally – discuss, ask each other questions, comment on how effective each method is. Ideas for discussion:

- Which do you think is best and why?
- What works about one method but what is also bad about it?
- Do any of the methods do something better than another? Why?

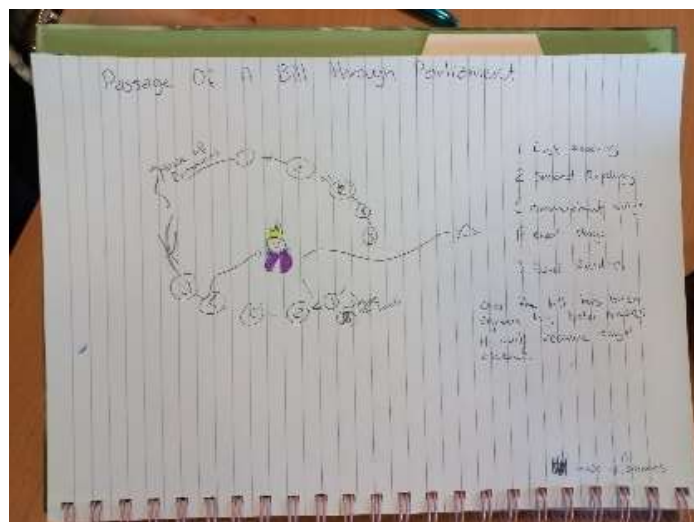
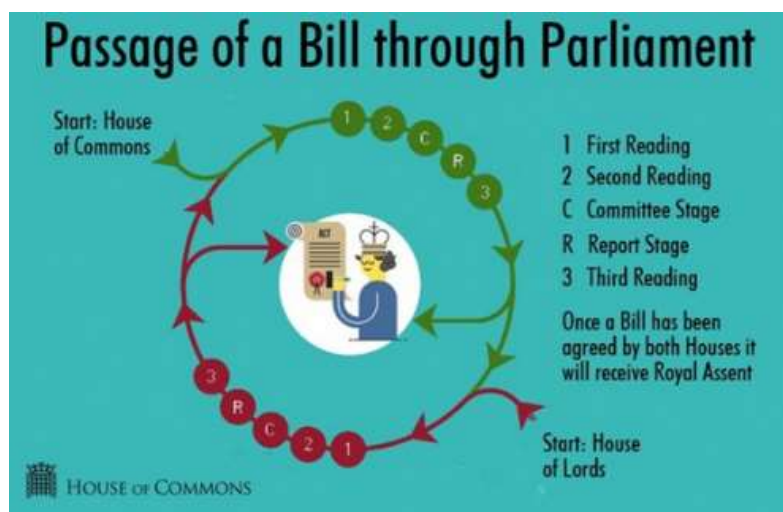
Task

- As a group, complete your tables

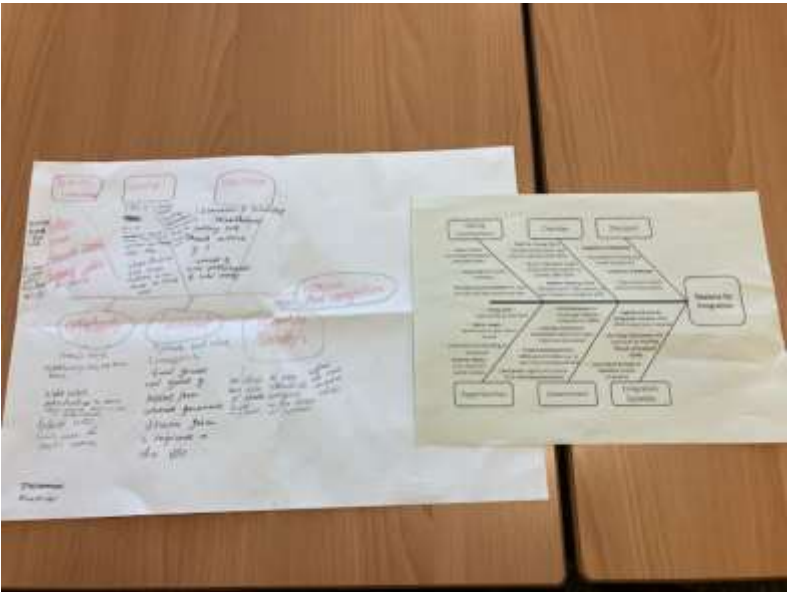
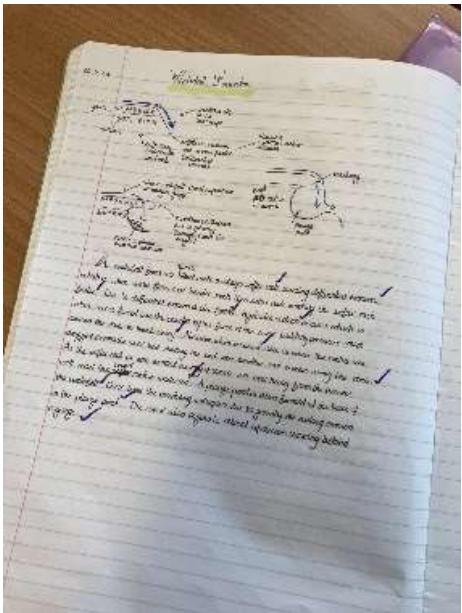
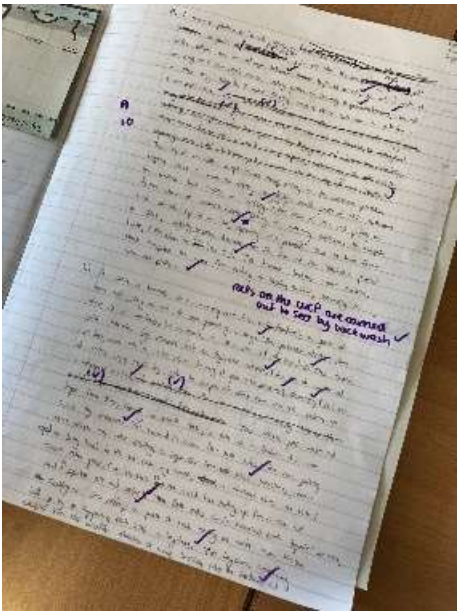
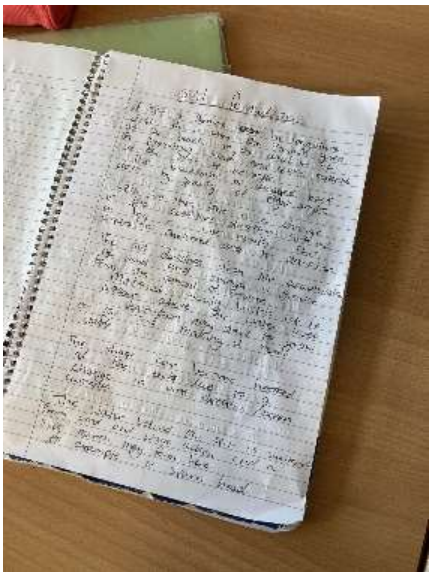
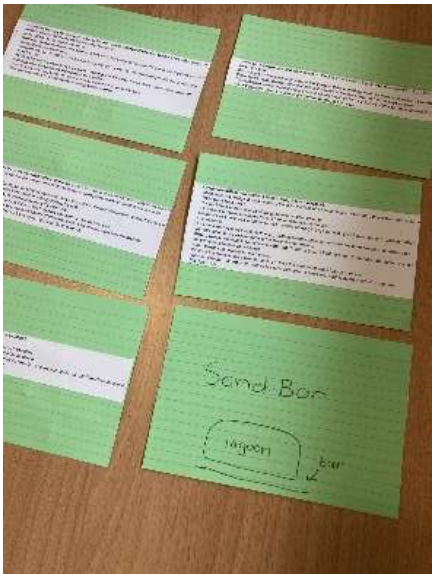
Point	Expand	Example	Rebuttal	Expand	Example
Identify the method of accountability e.g. Debates and voting	Give descriptive detail about what it is. Try to explain why it is an effective method of accountability	Give evidence of it in use/when it has been effective.	Identify its limitations	Explain its limitations and how this affects accountability	Give evidence of the limitations

Skill Building - Supporting our Senior Pupils:

Mapping from Memory: Pupils worked in groups of 4 to recreate the diagram of the process of a bill through Parliament. The group with the most accurate diagram in the quickest time got merits!

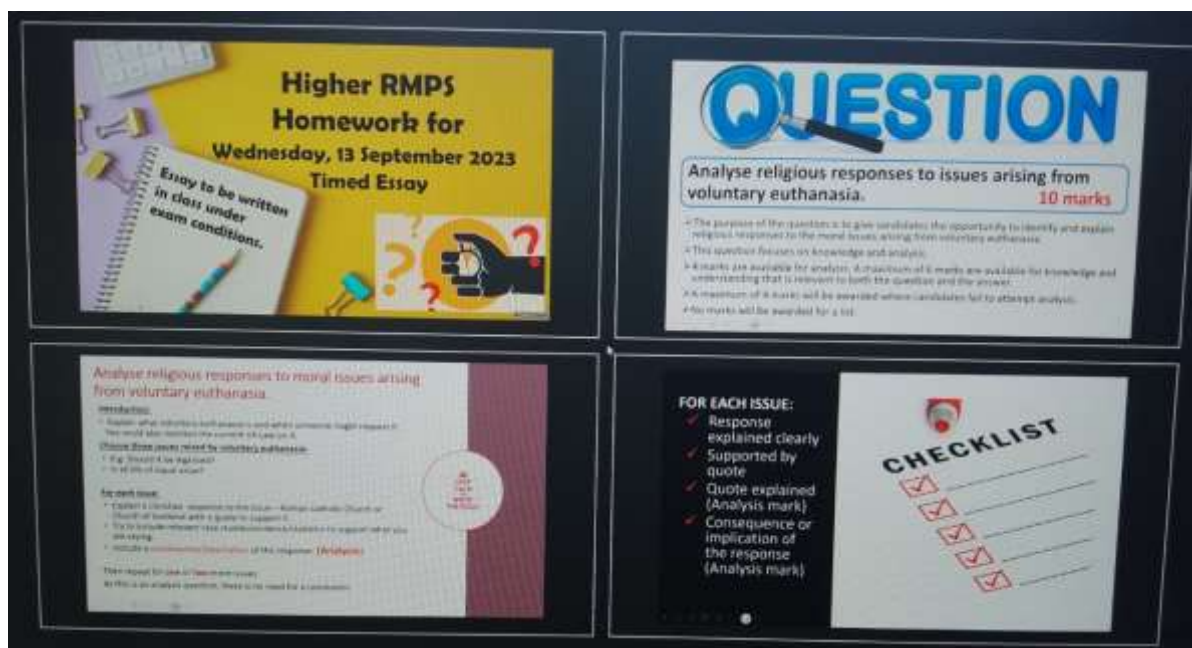


Higher Geography pupils have been revising for an assessment on River and Glaciated Landscapes. Pupils have been working hard creating model answers and flashcards in preparation to do their #personalbest.



Senior Phase History: Map from Memory – model answers created.

Higher RMPS – essay writing skills:



Thank you to Mrs Leslie, the Humanities staff, and learners for showcasing their work this week.

Next week, look out for Learning in our Science Faculty!

Ellon Academy Senior Phase Family Learning Evening

Thursday 21/09/23 – 6pm – 7.30pm

The staff at Ellon Academy would like to cordially invite you to attend our Ellon Academy Senior Phase Family Learning Evening on Thursday 21st September between 6pm and 7.30pm. The staff doors at the back of the school will be open allowing plenty parking in the staff car park behind the school.

The purpose of having a Family Learning Evening for Senior Phase is to ensure that parents/carers are informed and confident in supporting their sons and daughters with the rigors of S4, S5 and S6.

We aim to provide parents/carers with information regarding their child's courses, expectations, assessments, and key deadlines. We will also ensure that parents are aware of the support that faculties and partners in school can offer their child as they navigate the senior phase, and how parents/carers can help support and encourage their child at home. This is not an evening to discuss your child's individual progress, but it is to hear about our expectations, the support we can offer and how you can support your child at home.

Please see the programme overleaf and teas/coffees will be available in the Market Place session in the sunken social area for staff and parents/carers.

I hope you will be able to join us on the 21st of September, and we look forward to seeing you then.

Senior Phase Family Learning Evening Programme

6.00pm Introduction in the Ellon Academy Theatre

- Setting the Scene – P Buchan, Rector
- Communication – T Booth Depute Rector
- SQA Entries and Change of Level – N Corser Depute Rector
- Support in English and Maths – S Warne, PT English, and R Gatehouse PT Maths
- A Learners' Perspective – Members of the Exec Team

6.15pm Information sessions and Market Place.

After the introductory session in the Theatre, parents/carers will be split into 4 groups and rotate around the following 15-minute information sessions:

Library Support and Study Cafe	J Murdoch, Librarian M Meechan, PE Teacher	Library
Growth Mindset and Study Skills	H Campbell, PT Learning, Teaching and Assessment K Leslie, PT Humanities	HOLA (Humanities Open Learning Area)
Digital Learning, Google Classroom/Guardian, Plagiarism and Artificial Intelligence	E Armstrong, PT Digital Learning Digital Champions (pupils)	MOLA (Maths Open Learning Area)
Market Place	Teaching staff – Course Expectations Skills Development Scotland Community Learning & Development, Mentoring	Sunken Social Area

Teas and coffees will be available in the Market Place session in the Sunken Social Area.

If you are unable to attend on the night, we will provide a video presentation and electronic versions of any handouts provided at the event on our school website.

Pupil Achievement:

We are delighted to inform you that Miss Craig, English Teacher several of her learners into a writing competition and they have won! Their writing pieces will be published in a collection. Some of the learners are pictured below with Miss Craig receiving their certificates this week:

- Lucy T 3K1
- Alyssa G 6K
- Freya A 6S
- Advika A 2M2
- Rosie F 2S1
- Sydney D 3S2
- Aleisha D 2F1



Pupil Achievement:

Last weekend, participating in the Great North Run in Newcastle, Dean (4C2) ran 5k, his little brother ran 1.3k and his Dad ran a half marathon, and he also ran with both boys in their races too! The boys ran in a 28-degree heatwave and Dean completed it in 23min 47secs! Very well done!

They have been raising money for the 1st Ellon Boys Brigade, to date they have raised £560.

Dean's mum said, "We feel being part of the boys brigade for many years and the amount of work and unpaid hours they do that they deserve something back from the local community.



This is the link for the just giving page for those who'd like to support - it's open till the end of September.



[Help raise £500 to 1st Ellon Boys Brigade by taking part in the Newcastle Great North Run Weekend 2023](https://www.justgiving.com/campaign/newcastle-great-north-run-2023)
[justgiving.com](https://www.justgiving.com)

Pupil Achievement:

North of Scotland Cup 1st Round. Milne's High 1-18 Ellon Academy.

A ruthless display this week by our girls as they progress to the next round of the cup.

The senior girls, aided by some of our very able juniors, played some excellent football against a Milne's High team, who to their credit, looked good on the break and fought to the end.

Some of the goals on show today were simply outstanding. Maddison B opened the scoring with a sensational strike and Alisha M and Millie B also scored wonder strikes.

It was very difficult to pick a player of the match as they all did so well. It was also very difficult to choose one player when 3 of them scored hat tricks, but Paige W and Alisha M would both deserve this accolade for their overall performances and assists, as well as their goals. The quality of Paige's crossing was especially worth a mention. Goal scorers were:

Grace S 🏆🏆🏆🏆, Alisha M 🏆🏆🏆, Maddison B 🏆🏆🏆, Paige W 🏆🏆, Rebecca P 🏆🏆, Erin M 🏆
Millie B 🏆, Emily S 🏆, Mya R 🏆

Assists. Paige W 4, Rebecca P 2, Maddison B 1, Erin M 1, Alisha M 1, Alex Y 1.

Well done girls and good luck in the next round. Mr McLean.



If your child/children has/have successes you'd like to share with us, please send us an email via the school email address marked FAO Mrs P Buchan, Rector. Any photos you can share with us are always welcome too.

ellon.aca@aberdeenshire.gov.uk

Health and Safety at Ellon Academy Community Campus:

We ask that parents and carers remind their children of the following:


To ensure that learners and staff are safe around the school campus, we are reminding learners not to walk/run through the car parks and bus parks. In the morning and after school there are over (approximately) 200 cars, taxis and buses coming in and out of the campus and learners must stick to the footpaths for their own safety and the safety of campus drivers.

We remind parents/carers/relatives who drop off and pick up learners that they should not access the school via the road past the bus shelter and the bus park. This access is reserved for buses and school staff. Please use the turning to the right at the front of the school (before the bus shelter) all learner drop offs and pick-ups.


We also ask that parents/carers continue to use the front facing parking and the one-way system at the front of the school when dropping off and picking up their children from school. Thank you.

Here is a link to the leaflet with car parking information for parents/carers:

<https://ellonacademy.aberdeenshire.sch.uk/wp-content/uploads/2023/06/Car-Park-Parents-Leaflet.pdf>




ELLON ACADEMY COMMUNITY CAMPUS



CAR PARK

PUPIL DROP OFF (7:30 - 9 am)
Parent/Carers are asked to drop pupils off and pick them up in the designated drop off lane/zone and **NOT** to enter any of the assigned car parking spaces.


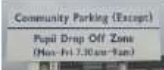
On leaving the drop off/ zone, Parents/Carers are asked to stick to the one way system by following the road down to the turning circle to the West of the Campus, thus ensuring that the traffic flow is all **one way**. Navigate the turning circle one car at a time and give it a wide berth as it has a tight radius.




PUPIL PICK UP
Parents/Carers should **forward park** in the angled parking bays (the angled design does not allow for reverse parking) then reverse out and continue to follow the road down to the turning circle to the West of the Campus, thus ensuring the traffic flow is all **one way**. Alternatively, park in the Community car park behind the swimming pool.

PARK AND STRIDE
Parents/Carers can also use the Meadows car parking facilities for pupil drop off/pick up. This will help alleviate traffic pressure on campus.


COMMUNITY USE
For access to Swimming, Leisure and Community Resources during the school week and outwith the drop off times for pupils please park in the public spaces beyond the drop off and disabled zones.



DISABLED
These spaces are reserved for blue badge holders and emergency vehicles only. They should not be used for dropping off/picking up.




CYCLING
It is advisable that all pupils who cycle to school are aware of wet and icy conditions, road safety, cycling in the dark and have working lights, visible clothing and cycle helmets. Cyclists should stick to cycle paths and ideally have passed their cycling proficiency test. Cycle stands available on campus.



The Ellon Academy Community Campus Management Team and Parent Council consider the safety and wellbeing of all campus users to be of paramount importance.

QUESTIONS OR COMMENTS
Email: ellon.aca@aberdeenshire.gov.uk
Telephone: 01358 720715



COVID-19 symptoms and what to do:

As you may be aware, some strains of Covid-19 are on the rise, so this information from the NHS website is for parents/carers. Covid-19 symptoms can include:

- a high temperature or shivering (chills) – a high temperature means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours.
- a loss or change to your sense of smell or taste.
- shortness of breath
- feeling tired or exhausted
- an aching body
- a headache
- a sore throat
- a blocked or runny nose
- loss of appetite
- diarrhoea
- feeling sick or being sick

The symptoms are very similar to symptoms of other illnesses, such as colds and flu.

Most people feel better within a few days or weeks of their first COVID-19 symptoms and make a full recovery within 12 weeks. For some people, it can be a more serious illness and their symptoms can last longer.

What to do if you have symptoms of COVID-19

You may be able to [look after yourself at home if you have COVID-19 or symptoms of COVID-19](#).

Try to stay at home and avoid contact with other people if you or your child have symptoms and either:

- have a high temperature.
- do not feel well enough to go to work, school, childcare, or do your normal activities.

You can go back to your normal activities when you feel better or do not have a high temperature.

If your child has mild symptoms such as a runny nose, sore throat, or mild cough, and they feel well enough, they can go to school or childcare.

If you are eligible for treatments for COVID-19, you should take an NHS rapid lateral flow test as soon as you get symptoms.

[Find out more about treatments for COVID-19 and who can have them](#)

What to do if you have tested positive

You are no longer required to do a COVID-19 rapid lateral flow test if you have symptoms, but if you or your child have tested positive for COVID-19:

- try to stay at home and avoid contact with other people for 3 days after the day you took your test if you are under 18 years old.
- try to stay at home and avoid contact with other people for 5 days after the day you took your test if you are 18 years old or over.
- avoid meeting people who are more likely to get seriously ill from viruses, such as people with a weakened immune system, for 10 days after the day you took your test.

[Find out more about who can get a free NHS COVID-19 test](#)

Ask for an urgent GP appointment or get help from NHS 111 if:

- you're worried about your or a child's COVID-19 symptoms or are not sure what to do.
- the symptoms are getting worse or are not getting better.
- you or a child have other signs of illness, such as a rash, loss of appetite, or feeling weak.
- you or a child have a high temperature that last 5 days or more or does not come down with paracetamol.
- a child under 3 months old and has a temperature of 38C or higher, or you think they have a high temperature.
- a child 3 to 6 months old and has a temperature of 39C or higher, or you think they have a high temperature.

It's particularly important to get help if you're at increased risk of getting ill from COVID-19, such as if you're pregnant, aged 60 or over, or have a weakened immune system. You can call 111 or [get help from 111 online](#).

Pupil Information:

EASA HOODIES

These are a new addition to school uniform for 2023/24, meaning EASA pupils can wear these around school and in class. Hoodies will only be available to order when purchasing your EASA membership which will be released for purchase shortly. Hoodies will be black with the Ellon Academy badge embroidered on the front. They will also have your chosen team name printed on the front (e.g. cheer) and the pupil's first name printed on the back. The colour of the writing will be determined by the club attended and can be found on the poster below. There is also an option to have EASA printed on the front instead of a club name.

(Please see Cheer example below) Sizes available are: XS, S, M, L, 1X-5X.

Please come and try on sample sizes which will be available to try on in the PE department all this week at regular club times or at break times.



Extra-Curricular Activities:

We are always encouraging our learners to take part in clubs and activities in and out of school to support skills development, so thanks to Mrs Warne for pulling together all the Ellon Academy extra-curricular activities into one booklet for pupils and parents/carers. The booklet can be viewed by following the link to our website below:

<https://ellonacademy.aberdeenshire.sch.uk/extra-curricular-activities/>

**Pupil Information:****ALL PUPILS – CAPTAINS MEETING**

FAO all House Captains, Vice House Captains, Sports Captains and Vice Sports Captains: A short meeting is being held in S16 at lunchtime (13:30) on Monday 18th September and full attendance is expected. If you are unable to attend, please let your Guidance Teacher know in advance.

Mrs Kaczmarek (on behalf of the Guidance Team & Mr Cowie)

ALL PUPILS – ROCKESTRA

Rockestra is back! The first session will take place in G22 after school (15:30-16:30) on Tuesday 19th September. It is open to all ability levels so please come along and give it a try!

Mrs O'Connor

ALL PUPILS – PERCUSSION ENSEMBLE

Percussion ensemble rehearsals will resume in G26 at lunchtime today (Friday 15th September). All experience levels welcome!

Mrs O'Connor

S3-6 PUPILS – SENIOR BOOK CLUB

Senior Book Club will commence at lunchtime today, Friday 15th September, and it is being held in the Library. Please come along if you enjoy reading and are looking for a place to discuss books and share recommendations!

Mrs Cawthorne, Mrs Murdoch (School Librarian), Erin B (5S2) & Neve S (5F2)



Community Information:

Ellon 1st Girls' Brigade runs on a Friday and Ellon 1st Boys' Brigade runs on Wednesday and Thursday evenings. Anyone is free to join at any point, they would be made very welcome and support with fees is available.



1st Ellon Girls' Brigade

Meets on Friday evenings
at The Kirk Centre, Ellon
6:30pm - 8pm

Enrolment Night Friday 25th August

EXPLORERS - P1 - P3
JUNIORS - P4 - P7
BRIGADERS - S1 - S6



Crafts
Games
Friends
Dancing
Fun
Singing
Learning
Bible Stories



1st Ellon Boys' Brigade

Anchor Section
P1 - P3 | Wed | 5:30pm
e: ellon1stboysbrigade@hotmail.com

Company & Seniors Section
P7 - S6 | Thurs | 7:30pm
e: ellon1stboysbrigade@hotmail.com

Junior Section
P4 - P6 | Wed | 6:30pm
e: ellon1stboysbrigade@hotmail.com

KIRK CENTRE
STATION RD | ELLON
t: 725690

HADDO VOICES

Non auditioned Choir for Youngsters
Music from all genres

Come and join us!



Wednesday Term Time
P5-S4: 7 – 8pm
St Mary on the Rock Church – Ellon
£20 a term
For further details email: haddovoices@gmail.com
(Or just turn up!)

First session: Wednesday 6th September



Meet your local careers adviser here

When
Ellon Library Every Second Wednesday 2pm-4pm
(13th and 27th of September 2023)

Call to make a free appointment
01779 479345

Get help with:

- career choices and changes
- getting into work or learning
- job search, CVs and applications
- apprenticeships
- funding
- redundancy support

Opportunity for Mental Health Champion Training:

from Debbie Mckay, Community Learning and Development Officer

I would like to offer a shire wide training opportunity for young people who wish to get involved in a local youth mental health project. The training is a 6-hour face to face session (on a Saturday - date to be decided) followed by a short online catch up/reflection session. We are currently looking for names of young people who would be interested in getting involved with this project. The young people themselves can be any year group (S1-S6), the only criteria is that they are confident, good communication skills, approachable and willing to give up their time to help and support other young people. They will be guided through a short training programme where they will focus on the importance, benefit, and value of peer education along with a basic introduction to the main mental health type issues they are likely to come across while supporting young people (for example, anxiety, stress, social media pressure, eating disorders etc.). The young people who would like to be Champions are by no means counsellors or therapists, but rather someone that a young person having a difficult time can relate to and talk through their issues. The Champions will be a non-judgmental ear to listen to and well placed to refer and signpost them on to any local partners or services who would be best placed to help or support them further. On completing their training (one 6hr Sat session followed by a short online reflection session) they will be introduced to their local CLD Worker who will support them to develop and launch a local project to support their peers. This can be anything! For example, they may choose to:

- deliver some MHWB information to peers through PSE sessions
- they might develop and distribute an information leaflet
- run a MHWB poster campaign
- have a big annual mental health information fayre with partners
- a weekly/fortnightly/monthly/lunchtime youth drop in during or outwith school
- or any other type of project they think would attract and be on benefit to young people

To register your interest, please email Debbie as per the attached poster or let your Guidance Teacher know.

Best wishes, Debbie

Debbie Mackay | CLD Worker | ECS, Aberdeenshire Council



Ellon-Newburgh-Foveran - Active Travel Consultation:

Aberdeenshire Councils Strategy Team within Environmental Services are currently consulting on an active travel route between Ellon to Newburgh and Foveran. The aim of the consultation is to seek the views of the public on the designs for this route, how often people may use this route and for what purpose. We are keen to engage with as many people as we can, especially people who live local and may themselves make use of this route. All the information and a QR code regarding the survey can be found within the attached poster.

Joanna Stewart
Strategy Development Officer
Strategy Unit, Environment & Infrastructure
Aberdeenshire Council



Dates For Your Diary

Wed 20.9.23	NASSA Road Relay (Ellon Academy hosting at the Meadows this year)
Thurs 21.9.23	Senior Phase Family Learning Evening 6-7.30pm (More information to follow)
Mon 25.9.23	School Photographer Individual Photos for S1/S3/S5/S6
w/b Mon 9.10.23	S4/5/6 Tracking Report (1) to be issued to parents/carers.
Wed 11.10.23	S1 Pastoral Parents Evening (Virtual 4pm – 6.30pm)
Fri 13.10.23	End of Term 1

The October holidays this year are from Monday 16.10.23 – Friday 27.10.23 inclusive and Term 2 starts on Monday 30th October '23 at the usual time.

The Ellon Academy School Calendar for session 23/24 is now available to view on our school website by following the link below.

<https://ellonacademy.aberdeenshire.sch.uk/calendar/>

Thank you for your continued support and we look forward to celebrating our learners in all their achievements.

P Buchan
Rector 15.09.23