Date: Wed 4th November

Dear Parents and Carers,

We have been advised by the NHS Grampian Health Protection Team (HPT) that there have been 2 detected cases of COVID-19 within the school community.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with colleagues in public health. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The small number of children who have been in direct contact with the detected cases will be contacted by the school and Test and Protect service and they will be self-isolating for 14 days.

The school remains open and your child should continue to attend if they remain well and have not already been advised by Test and Protect to self-isolate.

What we have done

Since schools returned in August, we have had good control measures in place in case something like this should happen. In line with government guidance, we have put in place enhanced hygiene and cleaning measures, ways for contact between different groups to be minimised, appropriate emergency procedures, amongst various other measures.

Since being notified of these cases, we have been working alongside the HPT. All those identified as close contacts will be required to self-isolate for the time indicated to them by Test and Protect. All areas where the cases spent time have been thoroughly cleaned and have undergone further additional cleaning this morning. place.

The strength of the control measures has enabled the HPT to advise that the school remain open.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school. Anyone with symptoms will be eligible for testing and further information on testing can be found on NHS Inform. They should begin 10 days of self-isolation whilst waiting for test results.

All other household members who remain well must stay at home and begin 14 days of self-isolation. The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school, public areas or use public transport. https://www.gov.scot/publications/coronavirus-covid-19-test-and-protect/pages/who-needs-to-self-isolate/ Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If your child's result is negative, they can return to school when they feel well and have had no fever for 48 hours (without needing paracetamol.) The household isolation can be lifted.

> If your child's result is positive, you will be contacted by Test and Protect and advised accordingly.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

> •new continuous cough and/or
> •high temperature
> •a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS Inform.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information

Further information is available at:

https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19

https://www.gov.scot/coronavirus-covid-19/

Kind regards

Pauline Buchan

Pauline Buchan
Headteacher