



Our Ref: PB/gs
22 November 2021

Dear Parent/Carer,

We have been made aware of several members of our school community across years S1-S6 have tested positive for COVID-19 over the weekend. Our thoughts are with the families affected.

There is no need for your child to isolate unless contacted separately by Test and Protect and asked to do so. School remains open and your child should continue to attend if they are well.

The public health judgement that these types of contact are low risk is based on a range of factors, including vaccination rates, evidence about transmission from children and young people, and the low risk of direct health harms to children. Please be reassured that for most people coronavirus (COVID-19) will be a mild illness. Children are at particularly low risk of illness from coronavirus infection. For those people who are eligible, vaccination is highly effective at preventing severe disease.

To help reduce the risk to your family and to help reduce the likelihood of spread in school and the community, please:

- Undertake the recommended twice weekly lateral flow testing as this can catch infections early.
 - Free at-home LFD test kits are available by collection from COVID test centres or pharmacies, or delivery by ordering online. More information can be found at: www.gov.scot/publications/coronavirus-covid-19-getting-tested/pages/no-covid-symptoms.
 - Free test kits are available to all secondary school children from the school. Please contact the school directly if they have any problems accessing tests.
 - Please ensure that all test results, whether positive, negative or void, are recorded on the online portal at: www.covidtest.scot OR by phoning 119.
 - Lateral flow tests should not be undertaken if an individual has tested positive for coronavirus in the last 90 days.

- **Arrange vaccination** as soon as possible, if you or anyone eligible in your family have not yet been vaccinated. Information can be found at www.nhsinform.scot/covid-19-vaccine. **Vaccination** is our best defence against COVID-19 causing anyone to become seriously unwell.
- **Wear a face covering** in line with guidance, keep your **distance**, keep rooms **ventilated**, and **wash your hands** with soap and water regularly.

What to do if you or your child develop symptoms

If you or your child develop a new continuous cough, or high temperature, or a loss of/ change in sense of taste or smell, your child must not come to school. The symptomatic person should arrange a PCR test as soon as possible, and the whole household should stay at home until the test result comes back.

PCR tests can be arranged at www.nhsinform.scot at your nearest COVID-19 test site. There are drive-through, walk-through and mobile testing units across Scotland which are open from 8-am until 8pm, 7 days a week. A full list of sites can be found at Gov.Scot or go to [COVID Testing \(nhsgrampian.org\)](http://COVID Testing (nhsgrampian.org))

Further information on testing and self-isolation can be found at www.nhsinform.scot

Yours faithfully,

P Buchan

Pauline Buchan
Head Teacher