

Educational Psychology Service

We are offering a phone service for parents/carers or professionals who would like to talk through any education or wellbeing concerns about a child or young person.

- The phoneline be available on Tuesdays and Thursdays, 9am to 3pm, from 31/03/2020.
- Call us on 01779 403721
- If you would prefer us to call you, please email eps@aberdeenshire.gov.uk with your name and number

Parent Club

<https://www.parentclub.scot/>

Parentline Scotland

<https://www.children1st.org.uk/help-for-families/parentline-scotland/>

Parenting across Scotland

<https://www.parentingacrossscotland.org/info-for-families/coronavirus/>

Thinkuknow

Thinkuknow is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline. They have created a package to help support children and young people at a time when they are likely to be spending more time online. Families can download a pack according to their child's age, each pack will contain simple 15-minute activities parents can do at home with their child using Thinkuknow resources. The packs will be renewed fortnightly. The site also has advice for parents and carers.